



## Verona and Mantua – TRAVEL PROGRAMME

In and out the Sun Cycle Path, through rolling hills until Mantua palaces

Self-guided tour – 5 days / 4 nights | 3 days by bike

Every Monday from April to October 2023

This tour will allow you to explore different territories between Veneto and Lombardy. After exploring the historic centre of Verona, following comfortable cycle paths to Peschiera del Garda you will continue along the Risorgive cycle path passing through the towns of Valeggio and Borghetto sul Mincio. After a good plate of tortellini you will cycle towards Mantua, a UNESCO heritage site and famous since the Renaissance for being an open-air city of art. You will then be ready to head back towards Verona, passing the Custoza wine production area before returning to the city of Verona.

Closing date for registration: 30 days before departure

Duration: 5 days, 4 nights, 3 days by bike

Period: every Monday from April to October 2023 | Difficulty: easy | Location Italy > Lombardy and Veneto

Tour development: the tour is an itinerant route but with arrival and departure in Verona. The bike route is almost exclusively on cycle paths, with a few stretches on secondary roads with low traffic. The road surface is mainly asphalt.

### PROGRAM

#### Day 1 - Arrival in Verona

Arrival at "Residenza Pietra di Verona"

Meet for eventual bike fitting and bike rental at 18:00 (if rental included)

Overnight stay at "Residenza Pietra di Verona".

#### Day 2 - From Verona to Valeggio sul Mincio

53 km - flat route with some ups and downs

Verona and its historic buildings such as the Arena and the Roman Theatre give way to the Veronese countryside, cycling through vineyards and olive groves to the shores of Lake Garda along cycle paths and roads with little traffic.

Continue along the hills visiting the towns of Lazise and Peschiera, riding along the Sun cycle path and the Resurgence cycle path towards Valeggio and the small hamlet of Borghetto sul Mincio.

Overnight stay in B&B/Hotel in Valeggio sul Mincio

#### Day 3 - From Valeggio sul Mincio to Mantua

55 km approx. - flat route

Leaving Valeggio you will proceed southwards to reach Mantua along the border between Veneto and Lombardy along the Sorgive cycle path, an easy and undemanding route through nature and small villages.

Parks and nature reserves will take you through the towns of Goito and Grazie where you can stop to visit the Sanctuary and on to the Lombardy city, chosen since the Renaissance as the seat of historic families, where you can visit the buildings of Palazzo Ducale and Palazzo Tè.

Overnight stay in a B&B/Hotel in Mantua

#### Day 4 - From Mantua to Verona

Approx. 60 km - flat route

From Mantua the Ciclopista del Sole will take you back to Veneto crossing vineyards as Custoza, an area famous for the production of very delicate white wines. Following minor roads you will return to Verona but not before stopping at an osteria to taste a good glass of wine.

**6PM** Bike delivery at Itinera Bike Shop in Verona (if rental included)

Overnight stay at "Residenza Pietra di Verona"

#### Day 5 - Departure

Technical organization:

Itinera Bike & Travel di Simonetta Bettio • P.I. 03969700230 | BTTSNT58A67L781 | C.U. N92GLON

www.itineratravel.com • elisa@itineratravel.com / francesco@itineratravel.com

Via Madonna del Terraglio 5, 37129 Verona, Italy • (+39) (0)45 222 6529 • +39 328 0280 174

Business Reg. of Verona REA CCIAA n. 380687 of 14.09.2010 • Authoriz. Province of Verona n. 6382 of 13.12.2010

Insurance R.C. TUA n. 40324512000231 • Insolvency or bankruptcy insurance: NOBIS policy n. 6006002342/C



Check out, individual departure and end of services

#### PRICES AND CONDITIONS

Number of participants

The trip is confirmed also with a single traveller

#### INDIVIDUAL RATE

€ 515 in a double room, with luggage transport

€ 350 in a double room, without luggage transport

+ €150.00 Single room supplement

#### THE STANDARD RATE INCLUDES

- 2 overnights with breakfast in Hotel\*\*\* in Verona
- 1 overnight with breakfast in Hotel\*\*\*/BB in Valeggio sul Mincio
- 1 overnight with breakfast in Hotel\*\*\* in Mantua
- 3 luggage transfers (not included in the price without luggage transfer)
- 3 bike itineraries: GPX tracks and PDF road book
- Telephonic support 24/7
- Insurance of basic medical assistance

#### Price does not include

- Bike rental (see extra)
- City taxes
- Meals
- Anything not listed among the included services

#### EXTRA SERVICES AVAILABLE

**Bicycle hire.** The bikes are all of excellent quality and are assigned and should be collected in Verona

+ **60.00 €** /person For 3 days of hybrid bike rental, including lock, helmet, 1 pannier, front bag, mobile holder, delivered and collected in Verona

+ **120.00 €** /person For 3 days of touring e-bike rental, including lock, helmet, 1 pannier, front bag, mobile holder, delivered and collected in Verona

+ **120.00 €** /person For 3 days of full carbon gravel bike rental, including lock, helmet, front bag, mobile holder, delivered and collected in Verona

#### OTHER INFORMATION

Reservation, change of participants and penalties

€ 100 deposit to be paid upon booking. The balance shall be paid upon confirmation of the tour and no later than twenty days before departure. The substitution of a participant is possible as long as the agency is informed and as provided that the substitute meets all the conditions for the use of the service.

In the event of cancellation of the trip by the participants, the following penalties shall apply:

As required by international legislation to protect the traveler, the traveler has the right of withdrawal for a period of 5 days after payment of the deposit.

After this period has passed, the deposit is non-refundable.

After payment of the balance, you may cancel your booking with these penalties:

- Cancellation up to 15 days before departure: 50% refund.

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- Cancellation more than 14 days before departure: no refund.

#### **Info and program changes**

Before departure, further useful information about the bike tour is given by e-mail. The above program may be subject to slight modifications due to organisational or climatic reasons.

#### **HOW TO GET THERE**

**By car to Verona.** Near our premises there is a free, unguarded car park, which is in great demand and therefore space is not guaranteed. In Piazza Isolo, which is a 10-minute walk away, there is a guarded underground car park with free parking spaces.

**By train to Verona** It is easy to get to Verona by train. From the Porta Nuova and Porta Vescovo stations you can get to the Ponte Pietra bus stop, which is 100 metres from our premises and the accommodation facility, by various bus lines.

**By plane to Verona** The Verona airport is Valerio Catullo di Villafranca di Verona

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